



# S. D. JAIN MODERN SCHOOL

Managed by : Paras Education Trust

Vesu Char Rasta, U. M. Road, SURAT. ☎ Ph. : 0261-3530300 🌐 www.sdjgroup.org ✉ info@sdjgroup.org

## VISION

Std. : V to VIII

Edition - 3 : 4th Quarter - 2024-25 (Dece.-March)

### Importance of Life Skills in Education

**"Retention is best when the learner is involved."**



Life skills refer to the skills you need to make the best of your life. These are also known as the rules of our lives which help us to know how to carry ourselves throughout our life. In the field of education, the overall personality of a child is taken into consideration when teaching life skills. It helps the students to manage their life effectively and efficiently. Life skills in education help students to build confidence in both communication and provide methods on how to socialize, make new friends and recognize the impact of their actions and behaviour. A student must be aware of different life skills: decision - making, self - awareness, leadership qualities, etc. All these life skills approach aim at helping students of different age groups to learn new ways of learning, control their behaviour and anger, and take correct decisions that can lead to positive values.

**Leena Talesra, Co-ordinator (Class V)**

### Growing up before Growing up



The general consensus amongst my colleagues and many parents that I interact with is that kids nowadays are 'growing up before growing up'. What I mean by this is that we are seeing a lot of youngsters maturing before their time. The level of exposure that this generation is witnessing on any given topic is simply unprecedented and what's more it seems to be growing without showing any signs of slowing down in the near future. Children these days have access to both information and entertainment, however a majority of kids have become slaves to the latter.

Entertainment used to come in many forms. The allure of a book and banter with our siblings and friends were some of the many ways we kept ourselves happy and occupied with. Now libraries are gathering dust while our siblings have lost the ability to socialize and have cocooned themselves in their own little world. These pure and effective form of entertainment are all but lost, they have now been replaced by a screen and the content coming out of it doesn't always seem age appropriate.

If you ever paid attention to what your child is watching you would agree with me that some, if not all of the content is neither educational in nature nor is it age appropriate. How many times have you caught your kids watching an intimate scene or perhaps scenes with blood and gore and extreme violence? The entertainment being provided today clearly has a gap, and a wide one at that, and our young and very impressionable kids are falling into it.

The mind at this age is a sponge and will eat up anything you feed it. But what is being fed? Girls on TV talking about fashion and cosmetics, about getting ready and feeling pretty is creating and unleashing chaos in the form of self-doubt and low self-esteem. Boys being shown all the shades of violence along with an accessory of toy weapons and slang lingo to spew, turning our playgrounds into battle fields and when these genders collide which just happens to be more often than on the premises of a school it results in a perfect storm (okay that might be an exaggeration but that's pretty much how it feels to us teachers)

So I end with a call for help, work with us and not against us. The bond between a teacher and parent must be forged in steel and then and only then can the minds of these precious little ones be guided in a strong but gentle manner. Monitoring at home is just as crucial as it is on the grounds and classrooms of our building and old forms of entertainment must be revived. Let's vow to brush the dust off books in our libraries and spend more time with our kids for their sake...or perhaps for our sake.

**Tripti Ramchandani Co-ordinator (Class VI)**

### Patience



Have patience! This is a phrase that we hear our whole life but never given any specific thought to it. Patience is exercising self control and enduring setbacks or challenges rather than lashing out and complaining. It is a quality that empowers the individual to navigate through life's uncertainty's with a calm and composed demeanour. Nevertheless, it is inclusive of various other elements like tolerance, persistence, trust, etc.

Patience is a virtue that often proves to be the key of success in various aspects of life. In the world driven by instant gratification, the value of patience may seem overlooked, yet its significance remains undeniable.

Patience is essential for our mind and soul to work in rhythm. This is because at the time of adversities, it is difficult for the individual to cope up with the delayed or challenged aspects along with the growing anxiousness. This is the time where practicing patience fosters a mind set that sees setbacks not as hurdles, but as opportunities to grow and learn. As a result it allows the individual to continue inculcating perfection in his/her performances.

Secondly, patience plays a vital role in achieving long term goals. This is essential in every phase of life, including the career as well as general lifestyle. It allows the person to stay focused and dedicated despite of innumerable obstacles or delayed results.

Furthermore, patience is crucial in maintaining public and professional relations. An optimistic, persistent and contented individual is always looked upto and appreciated in both personal and professional arenas. Along with this, applauding the calibre of others and constantly trying to improve the self conduct, leads to better communication as well as corporation.

On a whole, patience encourages the individuals to embrace the journey rather than fixating only on the pleasance of the destination. Afterall, it does not matter how slow you go as long as you do not stop until you achieve.

**Preeti Mehta, Co-ordinator (Class VII)**

### The Power of Focus

***Imagine Focus as a superpower that helps you achieve your goals and dreams !***



When we're focused, we pay attention to what's important. Whether it's studying for a test, practicing a sport, or learning a new skill -focus helps us do our best.

But sometimes, it's easy to get distracted. Maybe it's our phones, friends, or even our own thoughts. That's why it's important to practice staying focused.

So, how can we do that? Start by setting small goals and breaking tasks into smaller steps, turn off distractions and find a quiet place to work. And remember, it's okay to take breaks!

By staying focused, you'll not only do better in school but also build important life skills. So, let's embrace the power of focus and reach for the stars together! Keep shining bright!

**Taruna Kamrani Co-ordinator (Class VIII)**

### Scientific Temperament

**"Science of today is technology of tomorrow." - Edward Teller**



Education is not only an act of acquiring knowledge but learning a skill to live and form one's personality. We, here in SD Jain Modern School focus on discovering, developing and drawing the latent talents and the magic dormant in all the students, as we believe that every child is unique in his/her own way. In today's dynamic world, 360-degree development and grooming is of supreme importance and through our science activities, we create an environment for the future leaders, entrepreneurs and professionals who possess skills and aptitudes in an array of functional disciplines.

We practice various measures on ensuring effective learning by activity and fun based teaching for better conceptual understanding. Every year our school organizes Science Exhibitions to provide a platform to foster innovations and scientific temperament among the students.

We motivate and empower the students to be lifelong learners, critical thinkers, and productive members of the ever-changing global society. Converting every individual into a self-reliant and independent citizen, our school provides an amalgam of scholastic and co-scholastic activities.

**Rajkumari Porwal Co-ordinator (Class VIII)**

## Sports Achievements

*“To succeed , you need to find something to hold on to , something to motivate you , something to inspire you”- Tony Dorsett*

Students of S. D. Jain Modern from classes V – VIII had participated in various esteemed sports events like Khel Mahakumbh, SGFI Competitions, TFI Championship and many such tournaments held at Zonal Level and District Level in 2023-24. We feel elated to share some of the achievements of our talented students in various categories.

### Khel Mahakumbh Athletics U-14 Dumas Zone

Sr. No.	Name	Class	Event	Position
1	Janvi Patel	VI-C	100 m Race	1st
			Long Jump	2nd
2	Jimmit Pungaliya	VIII-H	100 m Race	1st
3	Vaibhav Arora	VIII-C	600 m Race	1st

### TFI State Championship

Sr. No.	Name	Class	Weight Category	Position
1	Aarav Mundra	V-G	U -23 kg	1st
2	Daksh Bharwad	VI-C	U-35 kg	1st



### Khel Mahakumbh District Competitions

Sr. No.	Name	Class	Event	Position
1	Jiya Vanawala	VIII-G	2.0 Taekwondo	3rd
2	Kavya Upadhyay	VIII-F	Karate	3rd

### 19th National Inter District Junior Athletics Meet

Sr. No.	Name	Class	Event	Position
1	Janvi Patel	VI-C	60 m Race	1st
			Long Jump	1st
2	Jimmit Pungaliya	VIII-H	600 m Race	1st
			60 m Race	1st
3	Vaibhav Arora	VIII-C	60 m Race	2nd
4	Lavesh Mohata	VIII-K	60 m Race	3rd
5	Jagruiti Bhimasariya	VIII-C	60 m Race	2nd





### Trip to South India

With an aim of exploring yet another city of 'Incredible India' and to develop qualities of self-confidence, self-dependence and group learning, S. D. Jain Modern School had planned a tour to South India (Bangalore, Mysore, Ooty and Coimbatore) from 14th March 2024 till 23rd March 2024.

The students experienced an enriching south Indian culture by visiting the famous Nandi temple, Vrindavan Garden, HAL-Museum, Mysore Palace, Planetarium, tea plantations along with tea factory, local sightseeing at Ooty, the famous ISRO (Indian Space Research Organisation), etc. The trip ended with everlasting memories where students enjoyed a lot with their friends and teachers.



### Roccia Trip

After the hardworking tenure of Annual Exam, S. D. Jain Modern had planned a one day trip to Roccia Adventure Park on 14th March 2023 for the students of classes VI to VIII to give them an opportunity to refresh themselves and create everlasting memories with their class mates and teachers.

The towering roller coaster, feeling weightless during loops and the rush of wind on high-speed rides, rejuvenated the children from their daily routines and gave them hands on thrilling experience along with their friends and teachers.

The trip ended with a happy note marking the end of yet one more academic session.



### Kala Mahakumbh Competition

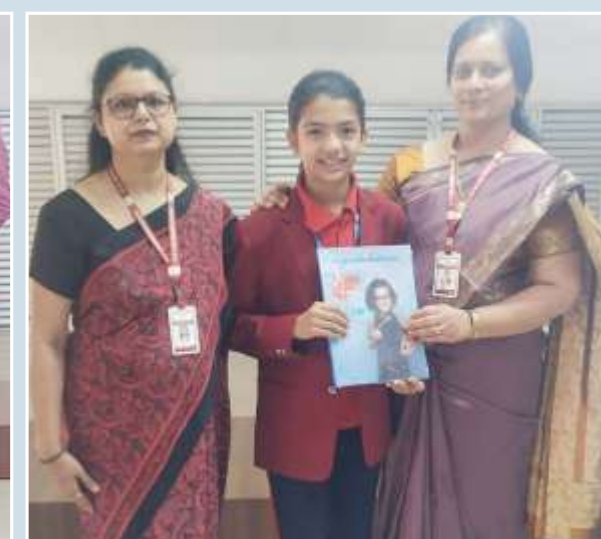
**“Dance is the hidden language of the soul.”– Martha Graham**

Learning, thought, creativity, and intelligence don't just come from the brain alone, but from the entire body. Movement combinations increase memory, order, and sequencing skills. Creating dances also increases self-esteem which is so very important to learning.

Kenisha Shetty of class VIII-A(Ashoka House) had participated in Zonal Level Kala Mahakumbh Competition 2023-24 in U-14 Category where she presented Bharat Natyam Dance form and secured 1st position.

### Navneet Yuva Drawing Competition

Navneet Yuva Drawing Competition on School level was organized in S. D. Jain Modern School in month of August for students of classes V- VIII in group B (V & VI) and group C (VII & VIII). Navya Dotiya of Std. VI A secured the first position on school level in Group B, and Calvin Kevadiya of VIII B secured the first position on school level in Group C.



## Viva Vibgyor Gymnastic Tournament



Gymnastics is a type of sport that includes physical exercises requiring balance, strength, flexibility, agility, coordination, artistry and endurance. The movements involved in gymnastics contribute to the development of the arms, legs, shoulders, back, chest, and abdominal muscle groups.

Viva Vibgyor Gymnastics Tournament was held on 18th December 2023.

Jainam Mehta of class V - F won 2 Gold Medals in the Tournament for Floor exercise and Vaulting Table.

## Viva Vibgyor Football U - 15 Tournament



Viva Vibgyor Football U - 15 Tournament was held on 18th December 2023. Total 7 teams from various schools of Surat had participated in the tournament. We take immense pride in sharing that S. D. Jain Modern School team comprising of Mitesh Raisighani, Abdul Gaffar, Shaurya Chandwani, Devkaran Aggarwal, Jimmit Punglia, Shreyan Rohatgi and Drashya Contractor grabbed the First Position and won Gold Medal and two Trophies in the Tournament.



## Inter-house Badminton Competition

Badminton is a technical sport that requires a great amount of flexibility, agility, and responsiveness. Taking this into account, an Interhouse Badminton Competition was organized for the students of classes V to VIII. Both boys and girls team from all of the four houses participated in the tournament with full enthusiasm and zeal.

Samridh Jha of std VI-D bagged First Position in classes V & VI boys category, Ansh Srivastava of Std VIII-J bagged First Position in classes VII & VIII boys category.

Aradhya Jha of std V-C bagged First Position in classes V & VI girls category, Vaishvi Naik of Std VII-H bagged First Position in classes VII & VIII girls category.

## Inter-house Basketball Competition

For the holistic development of the students, an Inter House Basketball Competition was organized by S. D. Jain Modern School on 23/12/2023. Both boys and girls team from all of the four houses from classes V - VIII participated in the tournament with full enthusiasm. It was a closely fought competition wherein each team put in their best foot forward.

In Std V & VI, in the Boys Category Subhash House bagged the first position and in the Girls Category Ashoka House bagged the first position.

In std VII & VIII, in the Boys Category Tagore House bagged the first position and in the Girls Category Shivaji House bagged the first position.



## Inter-house Football Competition

Sports are a major part of our school curriculum because if students stay emotionally and physically healthy, they can easily focus on their studies. The school believes in holistic development of the students. Hence we organized various sports events and encourage the students to participate in school sports to increase their confidence, mental alertness, and self-esteem. S.D Jain Modern School organized Inter-House Football Tournament on 23/12/2023 for students of classes V to VIII amidst cheers and enthusiasm

to develop harmony and healthy sporting environment, teamwork and

camaraderie among the students. Subhash House was declared as the winning team in both V & VI Boys Category and VII & VIII Boys Category. Tagore House was declared as the winning team in V to VIII Girls Category.



## Inter-house Volleyball Competition

**"The will to win is more important than the skill to win. It is possible to achieve only what you actively pursue." Lloyd Ball**

To provide skills of organization, team work and communication, an Inter House Volleyball Competition was organized by S. D. Jain Modern School for students of classes V to VIII.

Teams of all the four houses participated in three categories - Boys (V & VI), Boys (VII & VIII) and Girls (V to VIII).

In the finals, it was Ashoka House which emerged victorious in all the three categories after exuberantly contested games, showcasing their excellent teamwork, coordination and playing skills. We are proud of all the teams that participated and demonstrated great sportsmanship throughout the competition.



## Annual Sports Day



**“In the dust of defeat as well as the laurels of victory there is a glory to be found if one has done his best.” - Eric Liddwell, Olympic Gold Medalist**

Sports is an integral part of students' learning experience that can develop important life skills. The benefits of practicing sports along with education are endless. Working towards a common goal along with your team players helps in developing self-discipline, commitment, teamwork, healthy lifestyle habits, and also encourages decision making and problem solving. Watching their hard work pay off and eventually achieving their goals develops a sense of self-confidence that boosts self-esteem of students. Achieving a goal encourages them to try harder and achieve other set targets in life.

Keeping the holistic development of students in consideration, we at S.D Jain Modern School conduct various sports activities every year to bring out various talents and skills of the students. Annual sports was held on 24th January 2024. More than 200 students participated in the Athletics Meet and showcased their zeal and fervour. The students were awarded medals and certificates for various events like 100 m race, 200 m race, Relay Race etc.

## Report on National Maths Day Celebration

"The study of Mathematics is like the Nile, begins with minuteness but ends in magnificence"

To commemorate the birthday of the Indian mathematical genius Srinivasa Ramanujan, Mathematics Day was celebrated at S. D. Jain Modern School on 21st and 22nd December.

Every year December 22nd is celebrated as National Maths day.

To raise awareness among students about this important day, bring out the hidden Mathematical talents of the students and to promote an active enthusiasm and interest in mathematics among the students, the school organised different activities and competitions from classes V to VIII.

Special assemblies were organised for all the classes. All the soft boards inside and outside the classes were decorated on the theme 'National Maths Day'. Topics like Great Indian Mathematicians, Maths in Daily Life and Fun with Maths were given for the same.

Abstract Art Competition, Best Calculator and few fun activities were organised in classrooms for classes V. Abstract Art Competition and Maths Relay Race for the students of classes VI were organised in the assembly area. Number Masters Competition and Poster Making Competition were organised for the students of class VII. Maths on Slides (PPT competition) was organised for the students of class VIII.

The activities planned for Maths day were informative, engaging and entertaining. This made the Maths Day Celebration a fruitful experience.



## AYODHYA RAM MANDIR CELEBRATION



On the auspicious occasion of Ayodhya Ram Mandir inauguration, a special assembly was held in S. D. Jain Modern School for classes V- VIII.

“Bhagwan Shriram stands as an ideal for the entire society, consistently adhering to the commands of his parents and epitomizing ideal brotherly love”.

The assembly started with the morning prayer followed by Ram bhajan, speeches by the students, classical dance on “Sita Swayamvar” along with recitation of “Hanuman Chalisa”. Chairman Mr. Kailash Jain, Principal Mr. Chetan Dalwala and Head Mistress Ms. Amita Singh showered their blessings and appreciated the efforts put by the students to make the celebration meaningful.

## Inter House Solo Folk Dance Competition

S D Jain Modern School conducted the INTER HOUSE FOLK DANCE COMPETITION for students of Std V and VI on 30/01/2024 and for classes VII and VIII on 31/01/2024 under CCA programme. Dance competition in school is not just about the trophies – it is a highly rewarding and worthwhile activity for students of all ages. “Irrespective of whether the student aims to be an artist in future or not” – a mere dance competition can help to develop various fundamental skills in a child that will be useful in the long term. Dance competitions are a great way to build an emotional resilience in a child. It increases self-confidence and self-esteem in children. The vivacious dancers set the floor on fire with their energetic performance. We highly appreciate the effort taken by our students & parents.

Students presented different regional folk dance forms from all over India like Lavani (Maharashtra), Garba (Gujarat), Bharatnatyam (Tamilnadu), Bhangra (Punjab), Ghoomar (Rajasthan), Kalbelia (Rajasthan), Kathak (Uttar Pradesh), Kathakali (Kerala), Bihu (Assam) and many more.

Chaarvy Joshi of V – A Subhash house, Khushi Bajaj of VI – D Shivaji house, Jenisha Piplodiya of VII – C Subhash house and Kenisha Shetty of VIII – A Ashoka house bagged First Positions in their respective classes.



## AYODHYA RAM MANDIR DRAWING COMPETITION

Ahead of Ayodhya Ram Mandir inauguration, a drawing competition was held in S. D. Jain Modern School for Classes V- VIII.

The competition aimed to introduce the younger generation to the inspiring qualities, skills, and ideals of Bhagwan Shri Ramchandra.

“Bhagwan Shri Ram stands as an ideal for the entire society, consistently adhering to the commands of his parents and epitomizing ideal brotherly love. Through this competition, children gained insights into these aspects.”

The drawing competition included topics such as Ram the Super hero, Veer Hanuman, Ram Lakshman Janki, the Defeat of Ravana, Sitaharan, Ram Setu Bandhan, Ayodhya agaman, Rajya Abhishek, etc.

Chairman Kailash Ji Jain, Principal Mr. Chetan Dalwala and Headmistress Mrs. Amita Singh congratulated all the winners and participants for their outstanding achievements and wished success in their endeavours.



## Cooking Without Fire Competition



“Cooking with kids is not just about ingredients, recipes and cooking. It's about harnessing imagination, empowerment, and creativity.”

To give an opportunity to the students to put their culinary skills to the test against their peers, promote creativity, build confidence and self discipline, and even learn humility, an Inter House Cooking Without Fire Competition was held for classes V to VIII on 24/01/2024 and 25/01/2024.

Dhruv Mandhyani of Std V-I Subhash House, Lakhshita Khandelwal of Std VI-D Ashoka House, Manan Agarwal of Std VII-F Tagore House, Simran Sureka of Std VIII-A Tagore House bagged First Positions in their respective classes.