

S. D. JAIN MODERN SCHOOL

SYLLABUS (2020-21)

STANDARD : VII

Sub. : ENGLISH

Month	Main Course Book	Grammar	Writing
April	1. Light in the Night 2. January Night	1. The Sentence 2. Nouns 3. Articles 4. Adjectives	Writing : Diary Entry, Story Writing,
May	Poem : The Naming of Cats		Message Writing
June	3. The Story of an Invitation	5. Pronouns 6. Verbs 7. Verbs: Expressing the Present 8. Verbs: Expressing the Past	Poster Making Informal Letter
July	4. The Carew Murder Case Poem : The Listeners	9. Verbs: Expressing the Future	Formal Letter
Test - 1 :	6th to 11th, July, 2020		
August	5. The Sri Krishna Eating House 6. The Machine Stops Poem : Home and Love	10. Verbs: Modals 11. Verbs: Non-Finite Forms (Infinitives, Participles)	E-mail writing
Sep.	7. The Story of Keesh	Non-Finite Verbs (Participles)	
TERM - I	14th to 25th September, 2020		
Oct.	8. The Lumber Room Poem : The Lake Isle of Innisfree	12. Active and Passive Voice 14. Prepositions 21. Punctuation and Capital Letters	Article Writing
Nov.	9. A Voice in the Dark	13. Adverbs	Description of an Event and Place
Dec.	Poem : Daffodils 10. Export Quality	15. Conjunctions 17. Phrases 11. Non-finite verbs(Gerund)	Bio-Sketch News Headlines
Test - 2 :	7th to 12th, December, 2020		
January	L-12 : Julius Caesar	16. Direct Indirect Speech 19. Introduction of Simple, Compound and Complex Sentence	Letter of Complaint
Feb.	REVISION	18. Clauses	Speech Writing, Dialogue completion and writing
March	FINAL EXAM	--	--

TEST - 1 (JULY) (6th to 11th July, 2020)

Main Course Book : Ch. 1, 2, 3, **Poem :** L. 1 - The Naming of Cats

Grammar : L. 1 to 8

Writing Section : Diary Entry, Story Writing, Message, Poster Making, informal Letter

TERM - I (SEPTEMBER) (14TH TO 25TH September, 2020)

Main Course Book : Ch. 1 to 7, Poem : The Listeners, Home & Love, Naming of Cats

Grammar : L. 1 to 11, Non-finite verbs (only infinitive)

Writing Section : Diary Entry, Story Writing, Message, Poster Making, E-mail,
Formal -Informal Letter

TEST - 2 (DECEMBER) (7th to 12th December, 2020)

Main Course Book : L. 8, 9 Poem : (The Lake Isle of Innisfree, Daffodils)

Grammar : L. 12, 13, 14, 15, 17, 21

Writing Section : Article Writing, Description of a Place, Event, Bio Sketch, Informal Letter

ANNUAL EXAM (1st to 12th March, 2021)

Main Course Book : Ch. 8, 9, 10, 12 Poem : (The Lake Isle of Innisfree) (Daffodils)

Grammar : L. 1 to 21 (L. 20 omit)

Writing Section : Article, Description of Events & Place, Bio-sketch, News Headlines,
Letter of Complaint, Speech, Dialogue Completion and Writing,
Story Writing

S. D. JAIN MODERN SCHOOL

SYLLABUS (2020-21)

STANDARD : VII

SUB : HINDI

Month	Books	Chapter	Topic to be Covered	Activities
अप्रैल	वसंत भाग-२	पाठ - १	हम पंछी उन्मुक्त गगन के	१) पक्षियों की आजादी पर रोक लगाने से पर्यावरण पर पड़ने वाले प्रभावों को चित्र सहित लिखिए।
		पाठ - २	दादी माँ	
	महाभारत	पाठ - १	आदि पर्व	
	व्याकरण	पाठ - १	भाषा	
पाठ - २		वर्ण विचार		
मई	व्याकरण	पाठ - २५	अनुच्छेद	
	वसंत भाग-२	पाठ - ३	हिमालय की बेटियाँ	
जून	वसंत भाग- २	पाठ - ४	कठपुतली	नदियों को स्वच्छ बनाने के लिए सरकार द्वारा क्या प्रयत्न किए जा रहे हैं और आप उसमें किस प्रकार अपना सहयोग कर सकते हैं।
		पाठ - २	सभा पर्व	
	महाभारत	पाठ - ३,४	संधि, शब्द-विचार	
	व्याकरण		अनौपचारिक पत्र, औपचारिक पत्र	

TEST - 1

(6th July to
11th July, 2020

वसंत : पाठ - १ से ४ महाभारत : पाठ - १, २

व्याकरण : पाठ - १ से ४ व्याकरण लेखन - औपचारिक और अनौपचारिक पत्र,
अनुच्छेद लेखन

जुलाई	वसंत भाग -२	पाठ - ५	मिठाई वाला	पाँच छायावादी कवियों का जीवन-परिचय चित्र सहित दीजिए और किसी एक छायावादी कवि की कविता लिखिए।
		पाठ - ६	रक्त और हमारा शरीर	
		पाठ - ७	पापा खो गए	
	महाभारत	पाठ - ३	वन पर्व	
	व्याकरण	पाठ - ७	उपसर्ग, प्रत्यय, समास	
अगस्त	वसंत भाग- २	पाठ - ८	शाम एक किसान	समास की परिभाषा और भेद उदाहरण सहित लिखिए .
		पाठ - ९	चिड़िया की बच्ची	
		पाठ - १०	अपूर्व अनुभव	
	महाभारत	पाठ - ४	विराट पर्व	
	व्याकरण	पाठ - ८, ९	संज्ञा, लिंग, वचन, कारक	
	व्याकरण लेखन	पाठ - २१	दैनंदिनी - लेखन	
सितम्बर			पुनरावर्तन	
	वसंत भाग- २	पाठ - ११	रहीम के दोहे	

Month	Books	Chapter	Topic to be Covered	Activities
TERM - I 1st Sept. to 25th Sept., 2020		वसंत : पाठ - १ से १० महाभारत : पाठ - ३, ४ व्याकरण : पाठ - १, २, ३, ४, ७, ८, ९ व्याकरण लेखन - अनुच्छेद, औपचारिक पत्र, अनौपचारिक पत्र, दैनंदिनी लेखन		
अक्टूबर	वसंत भाग-२	पाठ - १२	कंचा	रहीम के पाँच दोहे याद करके सुंदर अक्षरों में लिखिए।
		पाठ - १३	एक तिनका	
	महाभारत	पाठ - ५	उद्योग पर्व,	
	व्याकरण	पाठ - १०, ११	सर्वनाम, विशेषण	
		पाठ - १२, १३	क्रिया, काल	
	व्याकरण लेखन	पाठ - २२	सूचना लेखन	
पाठ - २७		चित्र वर्णन		
नवम्बर	वसंत भाग-२	पाठ - १४	खान-पान की बदलती तस्वीर	किन्हीं पाँच राज्यों की भाषा, खानपान, वेशभूषा और पहनावा का वर्णन चित्र सहित कीजिए।
	महाभारत	पाठ - ६	भीष्म पर्व	
TEST - 2 7th December to 12th December, 2020		वसंत : पाठ - ११, १२, १३, १४ महाभारत : पाठ - ५, ६ व्याकरण : पाठ - १०, ११, १२, १३ व्याकरण लेखन - सूचना लेखन, चित्र वर्णन		
दिसम्बर	वसंत भाग-२	पाठ - १५	नीलकंठ,	सुंदर रंगीन और आकर्षक विज्ञापन तैयार कीजिए
		पाठ - १६	भोर और बरखा	
		पाठ - १७	वीर कुँवर सिंह	
	महाभारत	पाठ - ७	द्रोण पर्व	
	व्याकरण	पाठ - १४	अविकारी शब्द	
	व्याकरण लेखन	पाठ - २३	विज्ञापन लेखन	
जनवरी	वसंत भाग-२	पाठ - १८	धनराज पिल्लै	धनराज पिल्लै का जीवन परिचय देते हुए उनके व्यक्तित्व पर दस वाक्य लिखिए
		पाठ - १९	आश्रम का अनुमानित व्यय	
		पाठ - २०	विप्लव गायन	
	महाभारत	पाठ - ८	कर्ण, शल्य तथा सैपतिक पर्व	
		पाठ - ९	शेष पर्वों की कथा	
	व्याकरण	पाठ - १५	वाक्य	
फरवरी	व्याकरण	पाठ - १६	अशुद्ध वाक्यों का संशोधन	
		पाठ - १७	विराम चिह्न	
			पुनरावर्तन	
मार्च	ANNUAL EXAM 1st March to 12th March, 2021	वसंत : पाठ - १ - २० महाभारत : पाठ - ७, ८, ९ व्याकरण : पाठ - १, २, ३, ४, ७ से १७ व्याकरण लेखन - अनुच्छेद, पत्र, दैनंदिनी लेखन, सूचना लेखन विज्ञापन लेखन, चित्र वर्णन।		

S. D. JAIN MODERN SCHOOL

STANDARD - VII

SYLLABUS : 2020-21

SUB : SANSKRIT

Month	Books	Chapter	Topic to be Covered
अप्रैल	दिव्यम्	पाठ - १	वार्तालापः
		पाठ - २	लङ्लकार (प्रथमः पुरुषः)
	व्याकरण	पाठ - १	वर्ण विचारः उच्चारणस्थानानि
		पाठ - २	सन्धि धातुरूप (लङ्गलकार / लृट् लकार)
मई	दिव्यम्	पाठ - ३	लङ्गलकार (मध्यमः पुरुषः)
TEST - I 6th to 11 July, 2020 दिव्यम् : पाठ - १, २, ३, ४, व्याकरण : पाठ - १, २, ३, ५, अपठित गद्यांश, चित्रवर्णन, संवाद शब्दरूप (सर्वनाम), धातुरूप (लृट् लकार)			
जून	दिव्यम्	पाठ - ४	लङ्लकार (उत्तमपुरुषः)
	व्याकरण	पाठ - ३	कारकाः उपपद - विभक्तयः च
		पाठ - ४	शब्दरूप (इकारान्त / पु./स्त्री./न.पु.)
जुलाई	दिव्यम्	पाठ - ५	पर्यावरण महोत्सवः (लोट्लकार)
		पाठ - ६	मम दिनचर्या (प्रत्यय)
		पाठ - ७	धातुरूप (लोट्लकार)
	व्याकरण	पाठ - १०	प्रत्ययाः
अगस्त	दिव्यम्	पाठ - ७	पीयुष - बिन्दवः (श्लोकाः)
		पाठ - ८	संख्याज्ञानम्
	व्याकरण	पाठ - ६	संख्यावाचक शब्द, शब्द रूप (उकारान्त / ऊकारान्त)
		पाठ - १५	उपसर्गाः अव्ययाः च
TERM-I - 14th to 25th September, 2020 दिव्यम् : पाठ - १ से ८ व्याकरण : पाठ - १, २, ३, ४, १० अपठित गद्यांश, चित्र वर्णन, कथा वर्णन, संवाद, पत्र लेखन, शब्दरूप (इकारान्त, उकारान्त) (पु., / स्त्री., /न.पु.) धातुरूप लङ्गः लकार / लोट् लकार			
अक्टूबर	दिव्यम्	पाठ - ९	काकस्य चातुर्यम् (उपपद विभक्तिः)
		पाठ - १०	ऋतुराजः वसन्तः (उपसर्गाः)
	व्याकरण	पाठ - ११	अशुद्धि संशोधनम्, ऋकारान्त, शब्दरूप
नवम्बर	दिव्यम्	पाठ - ११	सूक्ति - पुष्पांजलि

Month	Books	Chapter	Topic to be Covered
दिसम्बर	दिव्यम्	पाठ - १२	मम देशः महान्
		पाठ - १३	उद्यमेन हि सिध्यन्ति कार्याणि
	व्याकरण	पाठ - ८	पद परिचयः
TEST - 2 7th December to 12th December		दिव्यम् : पाठ - ९ से १३ व्याकरण : पाठ - ८, ११, १५	शब्दरूप, धातुरूप ऋकारान्त, पत्र लेखन, चित्र वर्णन, अपठित गद्यांश, संवाद, लङ्ग / लृट लकारः
जनवरी	दिव्यम्	पाठ - १४	लक्ष्य निर्धारणस्य महत्त्वम्
		पाठ - १५	शाकानां चिन्ता (विधि लिंग)
	व्याकरण	पाठ - ७	धातुरूप (विधि लिंग लकार)
		पाठ - २	संधि
		पाठ - १२	समय
फरवरी	दिव्यम्	पाठ - १६	विनोद कणिकाः
	व्याकरण	पाठ - ५	शब्द रूप (ऋकारान्त)
FINAL EXAM		दिव्यम् : पाठ - ४, ७, ९ से १६ व्याकरण : पाठ - २, ३, १०, ६, ९, ११, १२ धातु : लोट् / विधि लिङ्ग शब्द : ऋकारान्त / उकारान्त सर्वनाम / सर्व / इदम् अपठित गद्यांश, चित्र वर्णन, संवाद, पत्र लेखन, कथा वर्णन	

S. D. JAIN MODERN SCHOOL

SYLLABUS (2020-21)

STANDARD : VII

Sub. : MATHS

Month	Book	Topic to be Covered
APRIL	Chapter - 1	Integers
	Chapter - 2	Fractions
MAY	Chapter - 2	Fractions (Contd.)
JUNE	Chapter - 3	Decimals
	Chapter - 4	Rational Numbers
JULY	Chapter - 4	Rational Numbers (Contd.)
	Chapter - 5	Exponents
	Chapter - 10	Lines and Angles
		TEST - 1 : Chapter : 1, 2, 3, 4 (A - D)
AUGUST	Chapter - 10	Lines and Angles (Contd.)
	Chapter - 6	Algebraic Expressions
	Chapter - 9	Data Handling
SEPT.	Chapter - 9	Data Handling (Contd.)
		TERM - I : Chapter : 1 to 6, 9, 10
OCT.	Chapter - 7	Simple Equations
	Chapter - 11	Triangle and its Properties
NOV.	Chapter - 12	Congruence of Triangles
	Chapter - 16	Visualising Solid Shapes

Month	Book	Topic to be Covered
DEC.	Chapter - 8	Comparing Quantities
	Chapter - 13	Practical Geometry
TEST - II : Ch. 7, 11 ,12		
JAN.	Chapter - 13	Practical Geometry (Contd.)
	Chapter - 14	Area & Perimeter
FEB.	Chapter - 15	Symmetry

ANNUAL EXAM : Chapter : 5 to 8, 11 to 16

ACTIVITY :

TERM - I

- Rational numbers, number line, match up
- Activity on algebraic expressions
- Verification of alternate angles.

TERM - II

- Verification of angle sum property of triangles.
- Proving diagonal of parallelogram divides it into two congruent triangles.
- Make the net of solid shapes.
- Construction of parallel lines.

S. D. JAIN MODERN SCHOOL

SYLLABUS (2019-2020)

STANDARD : VII

Sub. : SCIENCE

MONTH	TOPICS TO BE COVERED	ACTIVITY
APRIL	Ch. - 1 : Nutrition in Plants Ch. - 6 : Temperature and Heat	<ul style="list-style-type: none"> ● Lab Activity : <ol style="list-style-type: none"> 1) To show slides for studying the structure of stomata. 2) To test the presence of starch in a leaf. 3) To show that chlorophyll is essential for photosynthesis. ● Activity to Show Conduction, convection and radiation. ● Reading a thermometer
MAY	REVISION	Projects, Moels, Summer Assignments
JUNE	Ch. 2 : Nutrition in Animals Ch. 4 : Physical & Chemical Changes	<ul style="list-style-type: none"> ● Lab Activity: <ol style="list-style-type: none"> 1) Effect of Saliva on Starch. 2) To study the structure of Amoeba from permanent slide ● Make a list of some elements & their symbols.
JULY	Ch. - 5 : Acid, Bases and Salts Ch. 8 : Soil Ch. 9 : Respiration in Organisms	<ul style="list-style-type: none"> ● Testing solutions of common & substances like Sugar, Salt, Vinegar, with litmus ● To observe the texture and water holding capacity of various types of soils. ● To show that exchange of gases takes place through root of a seeding.
	TEST - 1 Syllabus : April to June 6th to 11th July - 2020 Ch. : 1, 2, 4, 5 & 6	<ul style="list-style-type: none"> ● To observe Anaerobic respiration.

MONTH	TOPICS TO BE COVERED	ACTIVITY
AUGUST	Ch. 12 : Time and Motion Ch. 14 : Wind and Storm	<ul style="list-style-type: none"> ● To measure the distance covered by an object in given times. ● Plotting distance - time graphs. ● To show that air expand on heating. ● To make a wind vane.
SEPTEMBER	Ch. 13 : Electric Current & Its Effects	<ul style="list-style-type: none"> ● To make an electromagnet. ● To observe magnetic and heating effect of current. ● Demonstration of working of an electric bell.
TERM - I : Syllabus - April to August, 14th to 25th September, 2020 Chapter : 1, 2, 4, 5, 6, 8, 9, 12, 14		
OCTOBER	Ch. - 3 : Fibre to Fabric Ch. 10 : Transport of Substances in Animals and Plants	<ul style="list-style-type: none"> ● To distinguish an animal fibre from synthetic and plant fibre. ● To demonstrate osmosis. ● Demonstration of Transpiration. ● Measurement of Pulse Rate and heart beat.
NOVEMBER	Ch. 5 : Light	<ul style="list-style-type: none"> ● To observe that light travels in a straight line. ● To observe reflection of light.
DECEMBER	PERIODIC TEST - 2 Syllabus : September to November 7th to 12th, December, 2020 Ch. : 3, 10, 13, 15	

MONTH	TOPICS TO BE COVERED	ACTIVITY
DECEMBER	Ch. 7 : Climate and Adaptations Ch. 16 : Water : A precious resource	<ul style="list-style-type: none"> ● Presentation on factors affecting climate ● Group discussion on importance of water. ● Steps to conserve water.
JANUARY	Ch. 11 : Reproduction in plants Ch. 17 : Forest - Our lifeline	<ul style="list-style-type: none"> ● To study permanent slides of budding in yeast. ● To show different whorls of a flower. ● Group discussion on importance of forests. ● Case study on forest.
FEBRUARY	Ch. 18 : Waste water Management	<ul style="list-style-type: none"> ● Survey to identify location with open drains and stagnant water.
MARCH	<p align="center">ANNUAL EXAM : 1st to 12th March, 2021</p> <p>Term - II chapters + important chapters from Term - I Ch. : 3, 7, 10, 11, 13, 15, 16, 17, 18 (Term - II) + 5, 9, 12 (Term - I)</p>	

S. D. JAIN MODERN SCHOOL

SYLLABUS (2020-21)

STANDARD : VII

Sub. : SOCIAL SCIENCE

MONTH	BOOK	TOPICS TO BE COVERED
APRIL	History	L. - 1 : Medieval India
	Geography	L. - 1 : Our Environment
	Civics	L. - 1 : Equality in Indian Democracy (to be cont.)
MAY	Civics	L. - 1 : Equality in Indian Democracy (Contd.)
JUNE	History	L. - 2 : Rise of New Kingdom
	Geography	L. - 2 : Structure of Earth
	Civics	L. - 3 : The State Government
JULY	History	L. - 3 : The Delhi Sultanate
	Geography	L. - 3 : Our Changing Earth
	Civics	L. - 4 : Gender Issues
	Geography	L. - 4 : Major Landforms
		TEST - 1 : April to June H. : L. 1, 2, 3 G.: L. 1, 2 , C.: L. 1, 3
AUGUST	History	L. - 4 The Mughal Empire
	Civics	L. - 5 Women Empowerment
	Geography	L. - 5 Air
SEPT.	History	L. - 6 Towns, Trades & Craftsmen
		TERM - I H. : L. - 2, 3, 4 G.: L. - 1 to 5 C. : L. 1, 3, 4, 5 Activity : H. : L. 5

MONTH	BOOK	TOPICS TO BE COVERED
OCT.	Civics	L. - 6 : Role of Media
	Geography	L. - 6 : Weather and Climate
	Civics	L. - 7 : Advertising
	History	L. - 7 : Tribal Communities
NOV.	Geography	L. - 7 : Water
		TEST - 2 October to December H. : L. - 6, 7 G.: L. - 6, 7 C.: 6, 7
DEC.	History	L. - 8 : Devotional Paths
	Geography	L. - 9 : The Human Environment
	Civics	L. - 8 : Markets around us
	Geography	L. - 10 : Life in the Tropical Sub-tropical
JAN.	Geography	L. - 11 : Life in Temperate Region
	History	L. - 10 : Political Formations
	Geography	L. - 12 : Life in Desert Regions
FEB.		ANNUAL EXAM FEBRUARY - MARCH (Full Portion) H. : L. - 9 (Would be taken up for activity) C. : L. - 9
		Note : Following chapter will be taken for activity H.: L. 5, 9, G.: L. 8 C.: L. 2, 9

S. D. JAIN MODERN SCHOOL

SYLLABUS (2020-21)

Sub. : **COMPUTER
SCIENCE**

STANDARD : VII

MONTH	BOOK	TOPICS TO BE COVERED	ACTIVITY
APRIL	Ch. 1	Introduction to Number System	Make a Student record database in excel.
	Ch. 3	Functions in Excel	
MAY	Ch. 3	Functions in Excel (Contd.)	
JUNE	Ch. 4	Charts in Excel	Make a Student table and forms in HTML
JULY	Ch. 5	More about HTML	
AUGUST	Ch. 6	Forms in HTML	
SEPTEMBER		REVISION (Ch. 1, 3, 4, 5, 6)	
OCTOBER	Ch. 4	Operators in Python	Run different Python Programme
NOVEMBER	Ch. 8	More about Python	
DECEMBER	Ch. 9	Using Operators in Scratch	Create animations using Scratch
JANUARY	Ch. 10	More about Interact Services	
FEBRUARY	Ch. 2	Cyber, Ethics, Crime & Safety	
MARCH		Term - II (Ch. 7, 8, 9, 10, 2	

S. D. JAIN MODERN SCHOOL

SYLLABUS (2020-21)

STANDARD : VII

Sub. : FINE ART EDUCATION

Month	Book	Topic	Activity
April		Exhibition Work	• Only activity work for exhibition and craft work
		for all Classes.	
May			
June	Pg. No. 5	Vegetable	
	Pg. No. 35	Geometrical Design	
	Pg. No. 4	Woman going to farm	
July	Pg. No. 7	Hand Fan Design	
	Pg. No. 22	Creative Drawing	
	Pg. No. 12	Nature Drawing	
August	Pg. No. 30	Children Playing	
	Pg. No. 8	Football, Nature Scene	
		Drawing	
October	Pg. No. 36	Sunset Drawing	
	Pg. No. 13	Cobbler Repairing Shoes	
November	Pg. No. 27	Vegetable Spot	
December	Pg. No. 24	Holi Festival	
	Pg. No. 25	Uneven Pattern	
	Pg. No. 28	Design Sprey	
January	Pg. No. 38	Lady Going to temple	
	Pg. No. 18	Story Picture	
February		Poster Design, Brother and Sister feeding the birds	

**ANNUAL EXAM
(FEBRUARY - MARCH)**

S. D. JAIN MODERN SCHOOL

SYLLABUS (2020-21)

STANDARD : VII

Sub. : G.K. / M.SC.

MONTH	G. K.	M. Sc.
APRIL	Pg. Nos. : 5 to 15	L. : 1
MAY	--	--
JUNE	Pg. Nos. : 16 to 22	L. : 2, 3
JULY	Pg. Nos. : 23 to 32	L. : 4
AUGUST	Pg. Nos. : 33 to 42	L. : 5 & 6
	MID TERM EXAM	
OCTOBER	Pg. Nos. : 43 to 51	L. : 7
NOVEMBER	Pg. Nos. : 52 to 60	L. : 8
DECEMBER	Pg. Nos. : 61 to 67	L. : 9, 10
JANUARY	Pg. Nos. : 68 to 76	L. : 11
FEBRUARY	REVISION	L. : 12
	ANNUAL EXAM	

S. D. JAIN MODERN SCHOOL

SYLLABUS (2020-21)

STANDARD : VII

Sub. : YOGA

MONTH	TOPICS
APRIL	Omkar Pranayam, Suryanamaskar Purna Dhanurasana, Bhumasana, Rajkapotasana Purna Salbhasana, Bhujangasana, Maricharayasana - I
MAY	Revision of April Month
JUNE	Purna Salbhasana, Vyaghrasana, Chakrasana, Ekpad Sirsasana, Purna Chakrasana
JULY	Vyaghrasana, Purna Dhanurasana Ekpad Sirsasana
AUGUST	Purna Salbhasana, Kapotasana, Janu Sirsasana Paschimottasana, Bhumasana
OCTOBER	Vyaghrasana, Hallasana Sarvangasana, Ardha Matsyendrasana
NOVEMBER	Bakasana, Kutkutasana
DECEMBER	Kukutasana, Sirsasana, Vyaghrasana Titibhasana
JANUARY	Titibhasana, Sirsasana 26th January Practice
FEBRUARY	Purna Dhanurasana, Salbhasana, Bakasana, Sarvangasana, Tripod Sirsasana
	ANNUAL EXAMI (FEBRUARY - MARCH : 2018)

S. D. JAIN MODERN SCHOOL

SYLLABUS (2020-21)

STANDARD : VII

Sub. : MUSIC VOCAL

MONTH	ART BOOK
APRIL	1.) Alankar 8, 9, 10, 11
	2.) Prayer - Man ke Mandir
MAY	SUMMER VACATION
JUNE	1.) Definition of Music, Taal , Alankar
	2.) Song - Uthe Sab ke Kadam
JULY	1.) Song - Ek tu Hi Bharosa
AUGUST	1.) Patriotic Song - 15 August Celebration
	2.) Music Competition
	3.) Janmashtami Celebration
OCTOBER	1.) Tu hi Ram hain...
NOVEMBER	2.) Annual Song Practice
	3.) Prayer Song
DECEMBER	1.) Christmas Song
	2.) 1 to 11 Alankar
JANUARY	1. Patriotic song, Hum ko Mann ki.....
FEBRUARY	Revision & Exam
	ANNUAL EXAM (FEBRUARY - MARCH : 2018)

S. D. JAIN MODERN SCHOOL

SYLLABUS (2020-21)

STANDARD : VII

Sub. : AEROBICS

MONTH	ART BOOK
APRIL	High Impact Steps 1 to 15
JUNE	High Impact Steps 1 to 20
JULY	High Impact Steps 1 to 25
AUGUST	All Revision Tournament Practice
OCTOBER	Sitting Exercise 1 to 15
NOVEMBER	Jumping Exercise 1 to 15
DECEMBER	All Revision
JANUARY	Stretching Exercise
FEBRUARY	All Revision and Exam

