# S. D. JAIN MODERN SCHOOL

**STANDARD - V** SYLLABUS : 2019-20 **SUB : ENGLISH**

| MONTH | BOOKS | CHPT. | TOPICS TO BE COVERED |
|---|---|---|---|
| APRIL | Course Book | L - 2 | SO YOU THINK YOU CAN DIVIDE ! |
| | Grammar | L - 2<br>L - 3<br>L - 11 | THE SENTENCE<br>SUBJECT AND PREDICATE<br>ARTICLES<br>LETTER WRITING (FORMAL) |
| | **ACTIVITY** | | ABBREVIATIONS |
| MAY | Course Book | | POEM (STOPPING BY WOODS ON A SNOWY EVENING) |
| | | | |
| TEST - 1 | Course Book | L - 2 | SO YOU THINK YOU CAN DIVIDE ! |
| | Grammar | L - 2<br>L - 3<br>L - 11 | THE SENTENCE,<br>SUBJECT & PREDICATE<br>ARTICLES<br>LETTER WRITING (FORMAL) |
| JUNE | Course Book | L - 3<br>L - 4 | ROBINSON CRUSOE<br>BECOMING GREAT (TO BE CONTD.) |
| | Grammar | L - 4<br>L - 5<br>L - 6<br>L - 7 | PARTS OF SPEECH<br>NOUNS<br>NOUNS : SINGULAR & PLURAL<br>NOUNS : GENDER<br>PARAGRAPH WRITING |
| | **ACTIVITY** | | COMIC STRIP |
| JULY | Course Book | L - 4<br>L - 5 | BECOMING GREAT (CONTD.)<br>PERSEUS AND THE GORGON (TO BE CONTD.)<br>POEM : THE SKYLARK |
| | Grammar | L - 8<br>L - 9<br>L - 10 | NOUNS : POSSESSION<br>ADJECTIVES<br>ADJECTIVES : DEGREE OF COMPARISON |
| TEST-2 | Course Book | L - 3<br>L - 4 | ROBINSON CRUSOE<br>BECOMING GREAT |
| | Grammar | L - 3<br>L - 4<br>L - 5<br>L - 6<br>L - 7<br>L - 8 | SUBJECT AND PREDICATE<br>PARTS OF SPEECH<br>NOUNS<br>NOUNS : SINGULAR AND PLURAL<br>NOUNS : GENDER<br>NOUNS : POSSESSION<br>PARAGRAPH WRITING |

| MONTH | BOOKS | CHPT. | TOPICS TO BE COVERED |
|---|---|---|---|
| AUGUST | Course Book | L - 5<br>L - 6 | PERSEUS AND THE GORGON (CONTD.)<br>NO FURTHER THAN MANDYA |
| | Grammar | L -12<br>L - 13<br>L - 31<br>L - 27 | PRONOUNS<br>VERBS<br>PUNCTUATION AND CAPITAL LETTER<br>SUBJECT - VERB AGREEMENT<br>NOTICE WRITING |
| | **ACTIVITY** | | MAKE A FAMILY TREE AND WRITE A SUITABLE ADJECTIVES FOR THEM |
| TERM-I | | | **CB :** L-2 TO L-6, **GR :** 2 - 13, 27, 31<br>**WRITING :** LETTER WRITING (FORMAL), PARAGRAPH, NOTICE WRITING |
| SEPT. | Course Book | | POEM - THE ROAD NOT TAKEN,<br>WRITING : POSTER MAKING |
| OCTOBER | Course Book | L - 7<br>L - 8 | UNCLE RAMAN<br>A FLASH OF LIGHT (TO BE CONT.) |
| | Grammar | L - 14<br>L - 15<br>L - 16<br>L - 17<br>L - 18 | THE TENSE<br>SIMPLE PRESENT TENSE<br>PRESENT CONTINUOUS TENSE<br>PRESENT PERFECT TENSE<br>SIMPLE PAST TENSE |
| NOV. | Course Book | L - 8<br>L - 9 | A FLASH OF LIGHT (CONTD.)<br>KARATE PARROT (TO BE CONTD.) |
| | Grammar | L - 19<br>L - 20<br>L - 21<br>L - 22 | PAST CONTINUOUS TENSE<br>SIMPLE FUTURE TENSE<br>THE 'GOING TO' FORM<br>FUTURE CONTINUOUS TENSE<br>INFORMAL LETTER |
| DEC. | Course Book | L - 9 | KARATE PARROT (CONTD.)<br>BREAK, BREAK, BREAK (POEM) |
| | Grammar | L - 23<br>L - 28 | CAN, MAY, SHOULD, MUST<br>ADVERBS |
| | **ACTIVITY** | | DESCRIPTION OF AN EVENT |
| POST MID TERM | | | CB: L-5 TO L-9, GR.: L-9 TO L-23, 28<br>WRITING : INFORMAL LETTER, NOTICE, POSTER MAKING |

| MONTH | BOOKS | CHPT. | TOPICS TO BE COVERED |
|---|---|---|---|
| JANUARY | Course Book | L - 10<br>L - 12 | THE GROUND GIVES WAY<br>THE KING KEEPS HIS APPOINTMENT (TO BE CONTD.) |
| | Grammar | L -24<br>L - 25<br>L - 26<br>L - 29<br>L - 30 | NEGATIVE SENTENCES<br>INTERROGATIVE SENTENCES<br>ACTIVE AND PASSIVE VOICE (IDENTIFICATION)<br>PREPOSITIONS<br>CONJUNCTIONS<br>STORY WRITING |
| | **ACTIVITY** | | ROLE PLAY |
| FEB. | Course Book | L - 12 | THE KING KEEPS HIS APPOINTMENT (CONTD.) |
| | Grammar | L - 32 | DIRECT AND INDIRECT SPEECH |
| FINAL EXAM | | | CB.: L-5 TO L-10, 12<br>GR.: 2 TO 32, (26 ONLY IDENTIFICATION)<br>WRITING : INFORMAL LETTER, NOTICE,<br>STORY, POSTER MAKING |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** SYLLABUS : 2019-20 **SUB : HINDI**

| MONTH | BOOKS | CHAPTER | TOPICS TO BE COVERED |
|---|---|---|---|
| अप्रैल | पा. पु. जूही | पाठ – १ | एक रहे है, एक रहेंगे (कविता) |
| | | पाठ – २ | आदमी की पहचान |
| | व्याकरण | पाठ – १ | भाषा और व्याकरण |
| | | पाठ – २ | वर्ण–विचार, अनुच्छेद लेखन |
| **ACTIVITY** | | | 'हिंद देश के निवासी' गीत याद करके कक्षा में सुनाइए । |
| मई | व्याकरण | पाठ – ३ | शब्द–रचना |
| जून | पा. पु. | पाठ – ३ | सच्चा शिष्य |
| | | पाठ – ४ | ओमू ने खुशियाँ खरीदीं |
| | व्याकरण | पाठ – ४ | वाक्य, औपचारिक पत्र |
| **ACTIVITY** | | | तत्सम और तद्भव शब्दों को अलग करके लिखिए |
| जुलाई | पा. पु. | पाठ – ५ | कदंब का पेड (कविता) |
| | | पाठ – ६ | मेरा बचपन |
| | व्याकरण | पाठ – ५ | संज्ञा |
| | | पाठ – ७ | सर्वनाम |
| अगस्त | पा. पु. | पाठ – ७ | पानी (पत्र) |
| | | पाठ – ८ | राजा की तीन सीखें |
| | व्याकरण | पाठ – ६ | संज्ञा के विकार, चित्रवर्णन |
| **ACTIVITY** | | | पानी के संरक्षण से जुडी कुछ प्रेरक सूक्तियाँ चार्ट पेपर पर लिखकर अपने विद्यालय में लगाइए । |
| सितम्बर | पा. पु. | पाठ – ९ | बेटी पढ़ाओ, देश बढ़ाओ (कविता) |
| | | पाठ – १० | सयाने बच्चे (to be contd.) |

| MONTH | BOOKS | CHAPTER | TOPICS TO BE COVERED |
|---|---|---|---|
| अक्तूबर | पा. पु. | पाठ – १०<br>पाठ – ११ | सयाने बच्चे (to be contd.)<br>ओणम |
| | व्याकरण | पाठ – ८ | विशेषण, कहानी लेखन |
| **ACTIVITY** | | | ऑडियो विज्युअल ॲक्टीविटी |
| नवम्बर | पा. पु. | पाठ – १२<br>पाठ – १३ | हमारा विद्यालय<br>आज का अर्जुन |
| | व्याकरण | पाठ – ९<br>पाठ – १० | क्रिया<br>काल |
| दिसम्बर | पा. पु. | पाठ – १४<br>पाठ – १५ | सूरज का गोला (कविता)<br>सबसे अच्छा पेड |
| **ACTIVITY** | | | पेड़ों की सूखी पत्तियों से आकृतियाँ बनाकर अपनी बुक में लगाइए । |
| जनवरी | पा. पु. | पाठ – १६<br>पाठ – १७ | कबीर के दोहे (कविता)<br>बालक चंद्रगुप्त |
| | व्याकरण | पाठ – ११ | अविकारी शब्द, अनौपचारिक पत्र |
| फरवरी | पा. पु. | पाठ – १८ | संकल्प (कविता) |
| | व्याकरण | पाठ – १२ | विराम चिह्न, संवाद लेखन |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** Assessment Schedule 2019-20 **SUB : HINDI**

| TYPE | DATE | BOOKS | ASSESSMENT PORTION |
|---|---|---|---|
| **TEST 1** | **29-04-19 to 04-05-19** | पा. पु.<br>व्याकरण | पाठ १, २<br>पाठ १ – अनुच्छेद लेखन<br>शब्द भंडार – पर्यायवाची (१–८), (Pg. No. 102)<br>विलोम शब्द (१ – ११),<br>अनेक शब्दों के लिए एक शब्द (१–८), |
| **TEST 2** | **15-07-19 to 20-07-19** | पा. पु.<br>व्याकरण | पाठ ३, ४, ५<br>पाठ २, ३, ४, औपचारिक पत्र,<br>शब्द भंडार – पर्यायवाची (९ – १६),<br>कमल से राक्षस तक, विलोम शब्द (१२–२२),<br>प्रश्न से उपकार तक, अनेकार्थी शब्द (१ –५),<br>मुहावरे (१ – ५) |
| **MID TERM** | **07-09-19 to 18-09-19** | पा. पु.<br>व्याकरण | पाठ ४, ५, ६, ७, ८<br>पाठ – २ से ७, अनुच्छेद लेखन, औपचारिक पत्र,<br>चित्र वर्णन, शब्द भंडार – अनेकार्थी (१ – १०)<br>भिन्नार्थक (१ – १०),<br>अनेक शब्दों के लिए एक शब्द (१ – १६),<br>मुहावरे (५ – १५), लोकोक्तियाँ (१ – ५) |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** Assessment Schedule 2019-20 **SUB : HINDI**

| TYPE | DATE | BOOKS | ASSESSMENT PORTION |
|---|---|---|---|
| **POST MID TERM** | **18-12-19 to 30-12-19** | पा. पु.<br>व्याकरण | पाठ ९ से १३<br>पाठ १ से ९, शब्द भंडार,<br>अप्रैल से नवम्बर तक का पोर्शन<br>मुहावरे, लोकोक्तियाँ (१ – ७), औपचारिक पत्र,<br>कहानी लेखन |
| **ANNUAL EXAM** | **FEBRUARY 2020 March** | पा. पु.<br>व्याकरण | पाठ १० से १८<br>पाठ – १ से १२<br>लेखन : अनौपचारिक पत्र,<br>चित्रवर्णन, कहानी लेखन, संवाद लेखन,<br>शब्द भंडार : पर्यायवाची शब्द (पेज. नं. १०३),<br>देवता से चाँद तक, विलोम शब्द (उपकार से अनुज तक) अनेकार्थी (११–२०),भिन्नार्थक (११ – २२),<br>अनेक शब्दों के लिए एक शब्द (१६ – ३२) |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** SYLLABUS : 2019-20 **SUB : SCIENCE**

| MONTH | CHAPTER | TOPICS TO BE COVERED |
|---|---|---|
| **APRIL / MAY** | CH. - 1 | REPRODUCTION IN PLANTS |
| | CH. - 6 | SAFETY AND FIRST AID |
| | **ACTIVITY** | SUMMER ASSIGNMENT |
| | **TEST - 1 29 April to 4 May** | CH. 1, 6, |
| **JUNE** | CH. - 2 | LIFE OF ANIMALS |
| | CH. 7 | MATTERS AND MOLECULES |
| **JULY** | CH. 8 | FORCE AND ENERGY |
| | CH. 10 | OUR ENVIRONMENT (With reference to S.S.) |
| | **ACTIVITY** | |
| | **TEST - 2 15 July to 20 July** | CH. 2, 7 |
| **AUGUST** | CH. - 5 | FOOD AND HEALTH |
| | CH. 11 | AIR AND WATER |
| **SEPTEMBER** | CH. 3 | THE SKELETAL AND MUSCULAR SYSTEM |
| | **TERM - I 7 Sep. to 18 Sep.** | CH. 1, 2, 5, 6, 8, 10, 11 |

| MONTH | CHAPTER | TOPICS TO BE COVERED |
|---|---|---|
| **OCTOBER** | CH. 12<br>CH. 13 | SOIL<br>ROCKS, MINERALS AND FOSSIL FUELS |
| **NOVEMBER** | CH. 4<br>CH. 9 | THE NERVOUS SYSTEM<br>SIMPLE MACHINES |
| | **ACTIVIYTY** | |
| | **POST MID TERM 18 Dec.** to **30 Dec.** | CH. 3, 4, 10, 12, 13 |
| **DECEMBER** | CH. 9 | SIMPLE MACHINE (Cont.) |
| | **ACTIVITY** | |
| **JANUARY** | CH. 14 | MOON, SATELLITES, AND ECLIPSES |
| | CH. 11 (S.S.) | NATURAL DISASTER |
| | **ACTIVITY** | |
| **FEBRUARY** | | REVISION |
| **MARCH** | **FINAL EXAM MARCH -20** | CH. 1, 2, 3, 7, 9, 12, 14, S.S. CH. 11 |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** SYLLABUS : 2019-20 **SUB : MATHS**

| MONTH | CHAPTER | TOPICS TO BE COVERED |
|---|---|---|
| **APRIL** | L - 1 | LARGE NUMBERS |
| | L - 3 | ADDITION AND SUBTRACTION |
| | L - 2 | ROMAN NUMBERS (To be contd.) |
| **MAY** | L - 2 | ROMAN NUMBERS (To be contd.) |
| | **ACTIVITY** | SUMMER ASSIGNMENT |
| | **TEST - 1** **29-04-19** to **04-05-19** | L. No.'s : 1 & 3 |
| **JUNE** | L - 4 | MULTIPLICATION AND DIVISION |
| | L - 6 | ESTIMATION (Till Ex. 6.1 ) |
| | L - 17 | SYMMETRY (Only revision till Pg. 204) |
| **JULY** | L - 5 | PLAYING WITH NUMBERS |
| | L - 7 | FRACTIONS (to be contd.) |
| | **ACTIVITY** | |
| | **TEST - 2** **15-07-19** to **20-07-19** | L. 2, 4, 6, 17 |
| **AUGUST** | L - 7 | FRACTIONS |
| | L - 19 | DATA HANDLING |
| | **ACTIVITY** | |
| **SEPTEMBER** | L - 8 | DECIMALS AND PERCENTAGE (to be contd.) |
| | **MID TERM** **07-09-19** To **18-09-19** | L. 1, 3, 4, 5, 6, 7, & 19 |

| MONTH | CHAPTER | TOPICS TO BE COVERED |
|---|---|---|
| OCTOBER | L - 8 | DECIMALS AND PERCENTAGE |
| | L - 9 | MEASUREMENT OF LENGTH, MASS AND CAPACITY |
| | L - 14 | PERIMETER & AREA (to be contd.) |
| | **ACTIVITY** | DIWALI ASSIGNMENT |
| NOVEMBER | L - 14 | PERIMETER AND AREA |
| | L - 16 | SOLID FIGURES AND THEIR VOLUME |
| | L - 10 | TIME (to be contd.) |
| DECEMBER | L - 10 | TIME |
| | L - 15 | TEMPERATURE (to be contd.) |
| | ACTIVITY | |
| | **POST MID TERM 18-12-19** to **30-12-19** | L. 2, 8, 9, 10, 14, 16, 17 |
| JANUARY | L - 15 | TEMPERATURE |
| | L - 11 | MONEY |
| | L - 12 | GEOMETRY LINE, PLANE AND ANGLE |
| | L - 13 | CIRCLES (to be contd.) |
| | **ACTIVITY** | PATTERN (EX. 18.1) |
| FEBRUARY | L - 13 | CIRCLES |
| MARCH | **FINAL EXAM** | L. 5, 11, 12, 13, 14, 15, 16, 19 |

# S. D. JAIN MODERN SCHOOL

SYLLABUS : 2019-20

**STANDARD - V**

**SUB : SOCIAL SCIENCE**

| MONTH | CHAPTER | TOPICS TO BE COVERED |
|---|---|---|
| **APRIL** | CH. 1 | GLOBE AND MAPS |
| | CH. 2 | LOCATING PLACES |
| **MAY** | CH. 3 | NATURAL RESOURCES (cont.) |
| | **ACTIVITY** | |
| | **TEST - 1**<br>**29-04-19** to<br>**04-05-19** | CH. 1, 2 |
| **JUNE** | CH. 3 | NATURAL RESOURCES (contd.) |
| | CH. 4 | WEATHER AND CLIMATE |
| | CH. 5 | EQUATORIAL FOREST |
| **JULY** | CH. 6 | HOT DESERTS |
| | CH. 7 | FRIGID ZONES |
| | **ACTIVITY** | |
| | **TEST - 2**<br>**15-07** to<br>**20-07** | CH. 3, 4, 5 |
| **AUGUST** | CH. 8 | TEMPERATE GRASS LAND |
| | CH. 9 | MAJOR LAND FORMS (contd.) |
| **SEPTEMBER** | CH. 9 | MAJOR LAND FORMS (contd.) |
| | **ACTIVITY** | |
| | **TERM - I**<br>**07-0919** to<br>**18-09-19** | CH. 1 to 8 |

**Note :** Ch. 10 : Environment and pollution
Ch. 11 : Natural Disaster } To be covered in Science

| MONTH | CHAPTER | TOPICS TO BE COVERED |
|---|---|---|
| OCTOBER | CH. - 12 | TRANSPORT |
| | CH. - 13 | COMMUNICATION |
| NOVEMBER | CH. - 14 | COMING OF THE BRITISH AND THE REVOLT OF 1857 |
| | CH. 15 | FREEDOM STRUGGLE BEFORE MAHATMA GANDHI |
| | **ACTIVITY** | |
| DECEMBER | CH. - 16 | INDIA WINS FREEDOM |
| | **POST MID TERM 18 Dec.** to **30 Dec.** | CH.. 9, 12, 13, 14, 15, 16 |
| JANUARY | CH. - 17 | SOME PEOPLE NEVER DIE |
| | CH. - 18 | BIRTH OF THE UNITED NATIONS |
| | CH. - 19 | WORK OF THE UN |
| FEBRUARY | CH. - 20 | INDIA AND THE UNO |
| | **ACTIVITY** | |
| MARCH | **FINAL EXAM MARCH - '20** | CH. 1, 2, 9, 15, 16, 17, 18, 19, 20 |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** SYLLABUS : 2019-20 **SUB : G.K. MORAL SCIENCE**

| MONTH | BOOKS | TOPICS TO BE COVERD |
|---|---|---|
| **APRIL** | G. K<br>M. SCIENCE | Pg. No. : 5, 6, 7, 8, 9, 10, 11, 12<br>LESSON : 1, 2 |
| **MAY** | G. K<br>M. SCIENCE | Pg. No. : --<br>LESSON : -- |
| **JUNE** | G. K<br>M. SCIENCE | Pg. No. : 13, 14, 15, 16, 17, 18<br>LESSON : 3 |
| **JULY** | G. K<br>M. SCIENCE | Pg. No. : 19, 20, 21, 22, 23, 24, 25, 26<br>LESSON : 4 & 5 |
| **AUGUST** | G.K<br>M.SCIENCE | Pg. No. : 27, 29, 30, 31, 32, 33, 34<br>LESSON : 6 |
| **SEPTEMBER** | G.K<br>M.SCIENCE | -- Revision<br>LESSON 7 |
| **TERM - 1 EXAM** | G.K<br>M.SCIENCE | PG. Nos. : 5 to 27, 30 to 34<br>L. Nos. : 1 to 6 |
| **OCTOBER** | G.K<br>M.SCIENCE | Pg. No. : 35, 36, 37, 38, 39, 40, 41, 42<br>LESSON : 8 |
| **NOVEMBER** | G.K<br>M.SCIENCE | Pg. No. : 43, 44, 45, 46, 47<br>LESSON : 9 |
| **DECEMBER** | G.K<br>M.SCIENCE | Pg. No. : 48, 49, 50, 51, 52<br>LESSON : 10 |
| **JANUARY** | G.K<br>M.SCIENCE | Pg. No. : 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63<br>LESSON : 11 & 12 |
| **FEBRUARY** | G.K<br>M.SCIENCE | Pg. No. : 64, 65, 66, REVISION<br>LESSON : REVISION |
| **MARCH** | G.K<br>M.SCIENCE | **FINAL** : Pg. No. 35 to 54, 56 to 66<br>**EXAM** : Pg. No. 7 to 12 |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** SYLLABUS : 2019-20 **SUB : COMPUTER**

| MONTH | CHAPTER | TOPICS TO BE COVERED |
|---|---|---|
| **APRIL** | L - 1 | COMPUTER AT A GLANCE |
| **MAY** | L - 2 | EVOLUTION OF COMPUTER (to be contd.) |
| **JUNE** | L - 2 | (Cont.) EVOLUTION OF COMPUTER |
| **JULY** | L - 3 | COMPUTER SOFTWARE |
| | L - 4 | WINDOWS - 7 : THE SYSTEM MANAGER |
| **AUGUST** | L - 5 | MICROSOFT WORD 2010 FORMATING |
| **SEPTEMBER** | L - 6 | GRAPHICS IN MICROSOFT WORD 2010 (to be contd.) |
| | | **SA : 1, TERM : I - (L. NO. : 1 TO 5)** |
| **OCTOBER** | L - 6 | (cont.) GRAPHICS IN MS WORD 2010 |
| **NOVEMBER** | L - 7 | MICROSOFT POWER POINT 2010 (EDITING AND FORMATTING) |
| **DECEMBER** | L - 8 | WINDOWS LIVE MOVIE MAKER (to be contd.) |
| **JANUARY** | L - 8 | (cont.) WINDOW LIVE MOVIE MAKER |
| | L - 9 | INTERNET AND ITS SERVICES |
| **FEBRUARY** | Pg. 107 to 118 | WINDOWS - 8 : A QUICK GLANCE |
| | | TEST PAPER - I, II AND III |
| **MARCH** | **FINAL EXAM** | L. NO.S : 6 TO 9 & PG. NO. 107 TO 118 |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** SYLLABUS : 2019-20 **SUB : FINE ARTS**

| MONTH | ART BOOK | CRAFT BOOK |
|---|---|---|
| **APRIL** | Nature Scene | Pg. No. : 3 to 6 |
| **MAY** | Fruits Basket | Pg. No. : 7, 8 |
| **JUNE** | Geometrical Shapes | Pg. No. : 10, 11, 12, 41 |
| **JULY** | Freehand | Pg. No. : 13 to 16 |
| **AUGUST** | Story Picture | Pg. No. : 18 to 20, 21 |
| **SEPTEMBER** | | Pg. No. : 22, 23 |
| **TERM I EXAM** | ART BOOK : Freehand, Fruits Basket, Geometrical Shapes | |
| | CRAFT BOOK : PG NO'S. 15, 19 | |
| **OCTOBER** | Flower Vase | Pg. No. : 24, 25, 26 |
| **NOVEMBER** | Republic Day Drawing | Pg. No. : 27, 28, 29, 30 |
| **DECEMBER** | Christmas Drawing | Pg. No. : 31, 32, 33, 34 |
| **JANUARY** | Kite Festival | Pg. No. : 35, 36, 37, 38 |
| **FEBRUARY** | | Pg. No. : 39, 43 |
| **MARCH** | ART BOOK : Flower Vase, Kite Festival, Christmas Drawing | |
| **TERM - II EXAM** | CRAFT BOOK : PG NO'S. 27, 34, 43 | |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** SYLLABUS : 2019-20 **SUB : YOGA**

| MONTH | AASANS TO BE COVERED |
|---|---|
| **APRIL** | Om kar Pranayama, Suryanamskara, Paschimottasana, Mastyasana, Bhumasana |
| **MAY** | Revision of April Month<br>Vacation, Janusirasana |
| **JUNE** | Kapalbhati Pranayama, Matsyasana, bhumasana, chakrasana |
| **JULY** | Bhumasana, Chakrasana, Purna Dhanurasana |
| **AUGUST** | Purna Dhanurassana, Bhujangasana, Purna Salbhasana,Ekpad Sirsasana |
| **SEPTEMBER** | **TERM - I - EXAM** |
| **OCTOBER** | Purna Salbhasana, Ekpad Sirsasana, Bakasana |
| **OVEMBER** | Purna Salbhasana, Vyaghrasana, Bakasana, Om Kar Pranayama |
| **DECEMBER** | Sirsasana, Vyaghrasana, Bhamri Pranayama, Garbhasana |
| | **TERM - II EXAM** |
| **JANUARY** | Revision of All Asans<br>26th January Practice |
| **FEBRUARY** | Bakasana, Titibhasana, Sirsasana, Purna Dhanurasana, Halasana |
| **MARCH** | **FINAL EXAMINATION** |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** SYLLABUS : 2018-19 **SUB : MUSIC**

| MONTH | SONGS TO BE COVERED |
|---|---|
| **APRIL** | ALANKARS - 1, 2, 3, 4, 5 |
| **MAY** | Summer Vacation |
| **JUNE** | School Song |
| **JULY** | Bhajan, 'Birthday Song' |
| **AUGUST** | Patriotic Song / Prayer |
| **SEPTEMBER** | **TERM - I EXAM** |
| **OCTOBER** | Prayer - 'Holi Spirit', GOD's Love |
| **NOVEMBER** | Song - 'Sajan Re' / Bande hai hum uske song |
| **DECEMBER** | 'Christmas Song', Prayer |
| **JANUARY** | Khud jiye sabko jina (song) |
| **FEBRUARY** | Revision |
| **MARCH** | **FINAL EXAM** |
| | |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** SYLLABUS : 2018-19 **SUB : TAEKWONDO**

| MONTH | SYLLABUS |
|---|---|
| **APRIL** | Basic Taekwondo exercises |
| **MAY** | Summer Vacation |
| **JUNE** | Front Rising kick |
| **JULY** | Sit ups and push ups |
| **AUGUST** | Plank |
| **SEPTEMBER** | Basic chambering of inside to outside kick |
| | **TERM - I EXAM** |
| **OCTOBER** | Poomsae |
| **NOVEMBER** | Fighting Technique (basic) |
| **DECEMBER** | Fighting Technique (Basic)<br>**TERM - II EXAM** |
| **JANUARY** | Belt Exam |
| **FEBRUARY** | **FINAL EXAM** |
| **MARCH** | |

# S. D. JAIN MODERN SCHOOL

**STANDARD - V** SYLLABUS : 2019-20 **SUB : AEROBICS**

| MONTH | SYLLABUS |
|---|---|
| **APRIL** | Low impact Step No. 1 to 15 |
| **MAY** | Summer Vacation |
| **JUNE** | Low impact step No. 1 to 20 |
| **JULY** | Low Impact Steps 1 to 30 |
| **AUGUST** | All Revision and Tournament Practice |
| **SEPTEMBER** | **TERM - I EXAM** |
| **OCTOBER** | Jumping Exercise 1 to 10 |
| **NOVEMBER** | High Impact Steps 1 to 10 |
| **DECEMBER** | All Revision and Sitting Exercise 1 to 10 |
| **JANUARY** | All Revision |
| **FEBRUARY** | All Revision, Exam |