

# S. D. JAIN MODERN SCHOOL

**STANDARD - V**

**SYLLABUS : 2020-21**

**SUB : ENGLISH**

MONTH	BOOKS	CHPT.	TOPICS TO BE COVERED
<b>APRIL</b>	Course Book	L - 2	SO YOU THINK YOU CAN DIVIDE !
	Grammar	L - 2	THE SENTENCE
		L - 3	SUBJECT AND PREDICATE
	L - 11	ARTICLES	
Writing		LETTER WRITING (FORMAL)	
<b>ACTIVITY</b>			PICTURE COMPOSITION (BASED ON L. - 2)
<b>MAY</b>	Course Book	L - 3	POEM (STOPPING BY WOODS ON A SNOWY EVENING) ROBINSON CRUSOE (TO BE CONTD.)
	Grammar	L - 4	PARTS OF SPEECH
<b>JUNE</b>	Course Book	L - 3	ROBINSON CRUSOE (CONT.)
		L - 4	BECOMING GREAT (TO BE CONTD.)
	Grammar	L - 5	NOUNS
		L - 6	NOUNS : SINGULAR & PLURAL
L - 7	NOUNS : GENDER		
L - 8	NOUNS : POSSESSION		
<b>JULY</b>	Course Book	L - 4	BECOMING GREAT (CONTD.)
		L - 5	PERSEUS AND THE GORGON
	Grammar	L - 9	ADJECTIVES
		L - 10	ADJECTIVES : DEGREE OF COMPARISON
Writing		PARAGRAPH WRITING	
<b>ACTIVITY</b>			COMIC STRIP
<b>TEST-1</b>	Course Book	L - 2	SO YOU THINK YOU CAN DIVIDE
		L - 3	ROBINSON CRUSOE
L - 4		BECOMING GREAT	
Grammar	L - 2	THE SENTENCE	
	L - 3	SUBJECT AND PREDICATE	
	L - 4	PARTS OF SPEECH	
	L - 5	NOUNS	
	L - 6	NOUNS : SINGULAR AND PLURAL	
	L - 7	NOUNS : GENDER	
L - 8	NOUNS : POSSESSION		
L - 11	ARTICLES		
Writing		LETTER WRITING, PARAGRAPH WRITING	

MONTH	BOOKS	CHPT.	TOPICS TO BE COVERED
<b>AUGUST</b>	Course Book	L - 6	NO FURTHER THAN MANDYA POEM : THE SKYLARK
	Grammar	L - 12	PRONOUNS
		L - 13	VERBS
		L - 31	PUNCTUATION AND CAPITAL LETTER
	L - 27	SUBJECT - VERB AGREEMENT	
	<b>ACTIVITY</b>		MAKE A FAMILY TREE AND WRITE A SUITABLE ADJECTIVES FOR THEM
<b>SEPT.</b>	Course Book		POEM - THE ROAD NOT TAKEN
	Writing		POSTER MAKING
<b>TERM-I</b>	Course Book		L. - 2, 3, 4, 5, & 6
	Grammar		L. - 2 to 13, 27, 31
	Writing		LETTER WRITING (FORMAL) PARAGRAPH WRITING, NOTICE WRITING
<b>OCTOBER</b>	Course Book	L - 7	UNCLE RAMAN
		L - 8	A FLASH OF LIGHT (TO BE CONT.)
	Grammar	L - 14	THE TENSE
		L - 15	SIMPLE PRESENT TENSE
		L - 16	PRESENT CONTINUOUS TENSE
		L - 17	PRESENT PERFECT TENSE
	L - 18	SIMPLE PAST TENSE	
	<b>ACTIVITY</b>		ROLE PLAY (UNCLE RAMAN)
<b>NOV.</b>	Course Book	L - 8	A FLASH OF LIGHT (CONTD.) POEM : BREAK, BREAK, BREAK
	Grammar	L - 19	PAST CONTINUOUS TENSE
		L - 20	SIMPLE FUTURE TENSE
		L - 21	THE 'GOING TO' FORM
		L - 22	FUTURE CONTINUOUS TENSE
<b>DEC.</b>	Course Book	L - 9	KARATE PARROT
		L - 10	THE GROUND GIVES WAY (TO BE CONTD.)
	Grammar	L - 23	CAN, MAY, SHOULD, MUST
		L - 24	NEGATIVE SENTENCES
		L - 25	INTERROGATIVE SENTENCES
Writing		INFORMAL LETTER	
<b>TEST - 2</b>	Course Book		L. : 7, 8
	Grammar		L. : 14 TO 22
	Writing		POSTER MAKING, INFORMAL LETTER

MONTH	BOOKS	CHPT.	TOPICS TO BE COVERED
<b>JANUARY</b>	Course Book	L - 10 L - 12	THE GROUND GIVES WAY (Contd.) THE KING KEEPS HIS APPOINTMENT
	Grammar	L - 26 L - 28 L - 29 L - 30	ACTIVE AND PASSIVE VOICE (IDENTIFICATION) ADVERBS PREPOSITIONS CONJUNCTIONS
	Writing		STORY WRITING
	<b>ACTIVITY</b>		DESCRIPTION OF AN EVENT
<b>FEB.</b>	Grammar	L - 32	DIRECT AND INDIRECT SPEECH (ASSERTIVE)
<b>FINAL EXAM</b>	Course Book		L. 7 TO 10 AND 12
	Grammar		L. 2 TO 32 (L. 26 ONLY IDENTIFICATION)
	Writing		INFORMAL LETTER, NOTICE WRITING, STORY WRITING, POSTER MAKING

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**STANDARD - V**

**SYLLABUS : 2020-21**

**SUB : HINDI**

MONTH	BOOKS	CHAPTER	TOPICS TO BE COVERED
अप्रैल	पा. पु. जूही	पाठ - १	एक रहे है, एक रहेंगे (कविता)
		पाठ - २	आदमी की पहचान
	व्याकरण	पाठ - १	भाषा और व्याकरण
		पाठ - २	वर्ण-विचार, अनुच्छेद लेखन
<b>ACTIVITY</b>			एक से सौ तक की गिनती याद कीजिए ।
मई	व्याकरण	पाठ - ३	शब्द-रचना
जून	पा. पु.	पाठ - ३	सच्चा शिष्य
		पाठ - ४	ओम् ने खुशियाँ खरीदीं
	व्याकरण	पाठ - ४	वाक्य, औपचारिक पत्र
<b>ACTIVITY</b>			तत्सम और तद्भव शब्दों की सूचि बनाकर कक्षा में लगाइए -
जुलाई	पा. पु.	पाठ - ५	कदंब का पेड (कविता)
		पाठ - ६	मेरा बचपन
		पाठ - ७	पानी (पत्र) (to be contd.)
	व्याकरण	पाठ - ५	संज्ञा
		पाठ - ७	सर्वनाम
अगस्त	पा. पु.	पाठ - ७	पानी (पत्र) (to be contd.)
		पाठ - ८	राजा की तीन सीखें
		पाठ - ९	बेटी पढ़ाओ, देश बढ़ाओ (कविता)
	व्याकरण	पाठ - ६	संज्ञा के विकार, चित्रवर्णन
<b>ACTIVITY</b>			पानी के संरक्षण से जुड़े वाक्य लिखिए
सितम्बर	पा. पु.	पाठ - १०	सयाने बच्चे

MONTH	BOOKS	CHAPTER	TOPICS TO BE COVERED
अक्तूबर	पा. पु.	पाठ - ११ पाठ - १२	ओणम हमारा विद्यालय
	व्याकरण	पाठ - ८	विशेषण, कहानी लेखन
<b>ACTIVITY</b>			ऑडियो विज्युअल अँक्टीविटी
नवम्बर	पा. पु.	पाठ - १३	आज का अर्जुन
	व्याकरण	पाठ - ९	क्रिया
दिसम्बर	पा. पु.	पाठ - १४ पाठ - १५	सूरज का गोला (कविता) सबसे अच्छा पेड़
	व्याकरण	पाठ - १०	काल, अनौपचारिक पत्र
<b>ACTIVITY</b>			पेड़ों की सूखी पत्तियों से आकृतियाँ बनाकर अपनी बुक में लगाइए
जनवरी	पा. पु.	पाठ - १६ पाठ - १७	कबीर के दोहे (कविता) बालक चंद्रगुप्त
	व्याकरण	पाठ - ११	अविकारी शब्द, संवाद लेखन
फरवरी	पा. पु.	पाठ - १८	संकल्प (कविता)
	व्याकरण	पाठ - १२	विराम चिह्न

# S. D. JAIN MODERN SCHOOL

STANDARD - V

Assessment Schedule  
2020-21

SUB : HINDI

TYPE	DATE	BOOKS	ASSESSMENT PORTION
TEST 1	06th July to 11th July 2020	पा. पु. व्याकरण	पाठ १, २, ३, ४ पाठ १, २, ३, ४ - अनुच्छेद लेखन, औपचारिक पत्र शब्द भंडार - पर्यायवाची, (Pg. No. 102) विलोम शब्द, (धर्म से स्वस्थ तक, Pg. No. 106) अनेक शब्दों के लिए एक शब्द (१-८), अनेकार्थी शब्द : १ से ८ भिन्नार्थक शब्द : १ से ८, मुहावरे : १ से ५
MID TERM	14th September to 25th September 2020	पा. पु. व्याकरण	पाठ ४, ५, ६, ७, ८ पाठ - २ से ७, अनुच्छेद लेखन, औपचारिक पत्र, चित्र वर्णन, शब्द भंडार, पर्यायवाची शब्द (पृथ्वी से गंगा), अनेकार्थी शब्द (१ - १०) भिन्नार्थक शब्द (१ - ११) अनेक शब्दों के लिए एक शब्द (१ से १६) मुहावरे (६ - १५), लोकोक्तियाँ (१ - ५)

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**STANDARD - V**

Assessment Schedule  
2020-21

**SUB : HINDI**

TYPE	DATE	BOOKS	ASSESSMENT PORTION
TEST - 2	07th December to 12th December 2020	पा. पु. व्याकरण	पाठ ९, १०, ११, १२ १३ पाठ ८, ९, १० कहानी लेखन शब्द भंडार, पर्यायवाची (देवता से अतिथि) विलोम शब्द (उपकार से धूप) भिन्नार्थक - ११ से १६, अनेक शब्दों के लिए एक शब्द १७ से २४
ANNUAL EXAM	March 2021	पा. पु. व्याकरण लेखन	पाठ १२ से १८ पाठ - २, ४ से १२ अनौपचारिक पत्र, चित्र वर्णन, कहानी लेखन, संवाद लेखन, शब्द भंडार - पर्यायवाची (देवता से चाँद), विलोम शब्द (उपकार से अनुज तक), अनेकार्थी (११ - २०) भिन्नार्थक (११ - २२), अनेक शब्दों के लिए एक शब्द (१६ - ३२), मुहावरे (१६ - ३१), लोकोक्तियाँ ( ६ - १०)

# S. D. JAIN MODERN SCHOOL

**STANDARD - V**

**SYLLABUS : 2020-21**

**SUB : SCIENCE**

MONTH	CHAPTER	TOPICS TO BE COVERED
<b>APRIL / MAY</b>	CH. - 1	GROWING PLANTS
	CH. - 3	SAFETY AND FIRST AID
	CH. 14 (S.S.)	STAYING HEALTHY (TO BE CONTD...)
<b>JUNE</b>	CH. 14 (S.S.)	STAYING HEALTHY (...CONTD.)
	CH. 6	ANIMALS : HABITAT & ADAPTATION
<b>JULY</b>	CH. 14	OUR ENVIRONMENT
		(CH. 11 AND 12) OF S.S. TO BE REFERRED
	CH. 4	SOLID, LIQUID AND GASES
<b>Test - 1 6th to 11th July - 2020</b>		CH. 14 (S.S.), 1, 3, 6
<b>AUGUST</b>	CH. 2	FOOD AND HEALTH
	CH. 10	AIR AND WATER
<b>SEPTEMBER</b>	CH. 7	SKELETAL AND NERVOUS SYSTEM (TO BE OCNTD...)
<b>Mid Term 14th to 25th September-2020</b>		CH. 1, 2, 3, 4, 6, 10, 14 (11 & 12 OF S.S.)
<b>OCTOBER</b>	CH. 7	SKELETAL AND NERVOUS SYSTEM (...CONTD.)
	CH. 5	ROCKS AND MINERALS
<b>NOVEMBER</b>	CH. 13	VOLCANOES, EARTHQUAKES AND TIDAL WAVES (TO BE REFERRED FROM CH. 13 OF S.S.)
	CH. 9	FORCE AND ENERGY (TO BE CONTD...)
<b>DECEMBER</b>	CH. 9	FORCE AND ENERGY (...CONTD...)
	CH. 8	MEASUREMENT
<b>Test - 2 07th to 12th December-2020</b>		CH. 5, 7, 13, 9
<b>JANUARY</b>	CH. 12	LIGHT AND SHADOW
	CH. 11	EARTH, SUN AND MOON (TO BE CONTD...)
<b>FEBRUARY</b>	CH. 11	EARTH, SUN AND MOON (...CONTD.) REVISION
<b>MARCH</b>	<b>FINAL EXAM</b>	CH. 1, 5, 6, 7, 9, 11, 12 AND 13 (S.S.)



# S. D. JAIN MODERN SCHOOL

**STANDARD - V**

**SYLLABUS : 2020-21**

**SUB : MATHS**

MONTH	CHAPTER	TOPICS TO BE COVERED
<b>APRIL</b>	L - 1	LARGE NUMBERS
	L - 3	FOUR OPERATIONS (To be continued)
<b>MAY</b>	L - 3	FOUR OPERATIONS (contd.)
	<b>ACTIVITY</b>	SUMMER ASSIGNMENT
<b>JUNE</b>	L - 2	ROMAN NUMBER
	L - 9	AVERAGE
	L - 4	FACTORS AND MULTIPLES
	L - 5	FRACTIONS
	L - 6	DECIMALS (To be continued)
	<b>ACTIVITY</b>	
<b>JULY</b>	<b>TEST - 1</b> <b>06-07-2020 to</b> <b>11-07-2020</b>	L. 1, 2, 3, 4, 9
<b>AUGUST</b>	L - 6	DATA DECIMALS (Continued)
	L - 7	ESTIMATION
	L - 8	PERCENTAGE, PROFIT & LOSS
	<b>ACTIVITY</b>	
<b>SEPTEMBER</b>	<b>MID TERM</b> <b>14-09-2020 to</b> <b>25-09-2020</b>	REVISION + WORKSHEET L. 1, 3, 4, 5, 6, 7, 8, 9

MONTH	CHAPTER	TOPICS TO BE COVERED
OCTOBER	L - 12	MONEY
	L - 10	MEASUREMENT
	L - 16	PATTERN AND SYMMETRY
	<b>ACTIVITY</b>	DIWALI ASSIGNMENT
NOVEMBER	L - 15	DATA HANDLING
DECEMBER	L - 14	PERIMETER, AREA, VOLUME
	<b>TEST - 2</b> <b>07-12-2020 to</b> <b>12-12-2020</b>	L. 10, 12, 15, 16
JANUARY	L - 11	TIME
	L - 13	GEOMETRY
FEBRUARY	REVISION	
	<b>ACTIVITY</b>	
MARCH	<b>MID TERM</b> <b>1ST MARCH</b> <b>2021</b> <b>ONWARDS</b>	L. 4, 5, 6, 7, 10, 11, 12, 13, 14, 15

# S. D. JAIN MODERN SCHOOL

SYLLABUS : 2020-21

**SUB : SOCIAL  
SCIENCE**

**STANDARD - V**

MONTH	CHAPTER	TOPICS TO BE COVERED
<b>APRIL</b>	CH. 1	MAPS AND GLOBES
	CH. 2	PARALLELS AND MERIDIANS
	CH. 3	MOVEMENTS OF THE EARTH - THEIR EFFECTS (to be contd.)
<b>MAY</b>	CH. 3	MOVEMENTS OF THE EARTH AND THEIR EFFECTS (...contd.)
<b>JUNE</b>	CH. 4	MAJOR LAND FORMS
	CH. 5	NATURAL RESOURCES
<b>JULY</b>	CH. 6	WEATHER AND CLIMATE
	CH. 7	THE EQUATORIAL REGION
	<b>PERIODIC TEST - 1 6th TO 11th JULY, 2020</b>	CH. 1, 2, 3, 4, 5
<b>AUGUST</b>	CH. 8	THE LAND OF SAND
	CH. 9	THE LAND OF SNOW AND ICE
<b>SEPTEMBER</b>	CH. 10	THE TREELESS GRASS LANDS (to be Contd.)
	<b>MID TERM 14th SEPT. TO 25TH SEPT 2020</b>	CH. 1 TO 9

MONTH	CHAPTER	TOPICS TO BE COVERED
<b>OCTOBER</b>	CH. 10	THE TREELESS GRASS LANDS (contd.)
	CH. 15	COMMUNICATING THROUGH WRITING
	CH. 16	LET'S KEEP IN TOUCH
<b>NOVEMBER</b>	CH. 17	TRANSPORT
<b>DECEMBER</b>	CH. 18	THEY MAKE US PROUD
	CH. 19	STRUGGLE TOWARDS FREEDOM
	CH. 20	INDIA WINS FREEDOM (to be Cont.)
	<b>PERIODIC TEST-2</b> <b>07 Dec. to 12 Dec., 2020</b>	CH.. 10, 15, 16, 17
<b>JANUARY</b>	CH. 20	INDIA WINS FREEDOM (Contd.)
	CH. 21	GOVERNING OURSELVES
	CH. 22	THE UNITED NATIONS
<b>FEBRUARY</b>		WORKSHEETS, REVISION, ORALS
<b>MARCH</b>	<b>FINAL EXAM</b> <b>MARCH - 2021</b>	CH. 4, 6, 15 TO 22

**Note :** Ch. 11, 12, 13, 14 to be covered in science

# S. D. JAIN MODERN SCHOOL

**STANDARD - V**

**SYLLABUS : 2020-21**

**SUB : G.K.  
MORAL SCIENCE**

MONTH	BOOKS	TOPICS TO BE COVERED
<b>APRIL</b>	G. K M. SCIENCE	Ch. No. : L. 1 to 6 LESSON : 1, 2
<b>MAY</b>	G. K M. SCIENCE	Ch. No. : L. 11 - 12 LESSON : --
<b>JUNE</b>	G. K M. SCIENCE	Ch. No. : L. 17 to 21, 27 to 30 (18, 26 omit) LESSON : 3
<b>JULY</b>	G. K M. SCIENCE	Ch. No. : L. 36 to 41 (37 omit) LESSON : 4 & 5
<b>AUGUST</b>	G.K M.SCIENCE	Ch. No. : L. 48 to 52 LESSON : 6
<b>SEPTEMBER</b>	G.K M.SCIENCE	-- : Revision LESSON : 7
<b>TERM - 1 EXAM</b>	G.K M.SCIENCE	Ch. No. : L. 1 to 6. 17 to 21 (10, 18, 26 omit), 11, 12, 27 to 30, 36 to 41, 48 to 50 L. Nos. : : 1 to 6
<b>OCTOBER</b>	G.K M.SCIENCE	Ch. No. : L. - 31 to 35 (37 omit) LESSON : 8
<b>NOVEMBER</b>	G.K M.SCIENCE	Ch. No. : L. - 42 to 44 (45 omit) LESSON : 9
<b>DECEMBER</b>	G.K M.SCIENCE	Ch. No. : L. - 46, 47, 7 to 9 (10 omit) LESSON : 10
<b>JANUARY</b>	G.K M.SCIENCE	Ch. No. : L. - 13 to 16 LESSON : 11 & 12
<b>FEBRUARY</b>	G.K M.SCIENCE	Ch. No. : 22 to 25 LESSON : REVISION
<b>MARCH</b>	G.K M.SCIENCE	<b>FINAL</b> : L. - No. 7 to 9, 13 to 16, 22 to 25, <b>EXAM</b> : 31 to 35, 42 to 47, 51 & 52 Ch. No. 7 to 12

# S. D. JAIN MODERN SCHOOL

**STANDARD - V**

**SYLLABUS : 2020-21**

**SUB : COMPUTER**

<b>MONTH</b>	<b>CHAPTER</b>	<b>TOPICS TO BE COVERED</b>
<b>APRIL</b>	L - 1	HISTORY OF COMPUTERS
<b>MAY</b>	L - 1	HISTORY OF COMPUTERS
<b>JUNE</b>	L - 2	COMPUTER SOFTWARE
<b>JULY</b>	L - 3	MORE ABOUT WORD-2010
<b>AUGUST</b>	L - 4	INSERTING OBJECTS IN WORD
<b>SEPTEMBER</b>	L - 5	COMPUTER MALWARE
<b>OCTOBER</b>	L - 6	FORMATTING SLIDES IN POWER POINT
<b>NOVEMBER</b>	L - 7	ENHANCING A PRESENTATION (TO BE CONTD.)
<b>DECEMBER</b>	L - 7	ENHANCING A PRESENTATION (CNTD.)
	L - 8	MORE ABOUT SCRATCH
<b>JANUARY</b>	L - 9	INTERNET SERVICES
<b>FEBRUARY</b>	L - 10	MANAGING FILES AND FOLDERS
<b>MARCH</b>	<b>FINAL EXAM</b>	

# S. D. JAIN MODERN SCHOOL

**STANDARD - V**

**SYLLABUS : 2020-21**

**SUB : FINE ARTS**

<b>MONTH</b>	<b>ART BOOK</b>	<b>CRAFT BOOK</b>
<b>APRIL</b>	Nature Scene	Pg. No. : 3 to 6
<b>MAY</b>	Fruits Basket	Pg. No. : 7, 8
<b>JUNE</b>	Geometrical Shapes	Pg. No. : 10, 11, 12, 41
<b>JULY</b>	Freehand	Pg. No. : 13 to 16
<b>AUGUST</b>	Story Picture	Pg. No. : 18 to 20, 21
<b>SEPTEMBER</b>		Pg. No. : 22, 23
<b>TERM I EXAM</b>	ART BOOK : Freehand, Fruits Basket, Geometrical Shapes	
	CRAFT BOOK : PG NO'S. 15, 19	
<b>OCTOBER</b>	Flower Vase	Pg. No. : 24, 25, 26
<b>NOVEMBER</b>	Republic Day Drawing	Pg. No. : 27, 28, 29, 30
<b>DECEMBER</b>	Christmas Drawing	Pg. No. : 31, 32, 33, 34
<b>JANUARY</b>	Kite Festival	Pg. No. : 35, 36, 37, 38
<b>FEBRUARY</b>		Pg. No. : 39, 43
<b>MARCH</b>	ART BOOK : Flower Vase, Kite Festival, Christmas Drawing	
<b>TERM - II EXAM</b>	CRAFT BOOK : PG NO'S. 27, 34, 43	

# S. D. JAIN MODERN SCHOOL

**STANDARD - V**

**SYLLABUS : 2019-20**

**SUB : YOGA**

<b>MONTH</b>	<b>AASANS TO BE COVERED</b>
<b>APRIL</b>	Om kar Pranayama, Suryanamskara, Paschimottasana, Mastyasana, Bhumasana
<b>MAY</b>	Revision of April Month Vacation, Janusirasana
<b>JUNE</b>	Kapalbhati Pranayama, Matsyasana, bhumasana, chakrasana
<b>JULY</b>	Bhumasana, Chakrasana, Purna Dhanurasana
<b>AUGUST</b>	Purna Dhanurassana, Bhujangasana, Purna Salbhasana, Ekpada Sirsasana
<b>SEPTEMBER</b>	<b>TERM - I - EXAM</b>
<b>OCTOBER</b>	Purna Salbhasana, Ekpada Sirsasana, Bakasana
<b>NOVEMBER</b>	Purna Salbhasana, Vyaghrasana, Bakasana, Om Kar Pranayama
<b>DECEMBER</b>	Sirsasana, Vyaghrasana, Bhamri Pranayama, Garbhasana
	<b>TERM - II EXAM</b>
<b>JANUARY</b>	Revision of All Asans 26th January Practice
<b>FEBRUARY</b>	Bakasana, Titibhasana, Sirsasana, Purna Dhanurasana, Halasana
<b>MARCH</b>	<b>FINAL EXAMINATION</b>



# S. D. JAIN MODERN SCHOOL

**STANDARD - V**

**SYLLABUS : 2020-21**

**SUB : MUSIC**

<b>MONTH</b>	<b>SONGS TO BE COVERED</b>
<b>APRIL</b>	ALANKARS - 1, 2, 3, 4, 5
	Prayer - Dear God
<b>MAY</b>	Summer Vacation
<b>JUNE</b>	School Song
	Prayr - God's Love
<b>JULY</b>	Bhajan
	'Birthday Song'
<b>AUGUST</b>	Prayer - A Malik
	Song - Dil Hai Chota Sa
<b>SEPTEMBER</b>	<b>TERM - I EXAM</b>
<b>OCTOBER</b>	Prayer - 'Holi Spirit'
	Prayer - Hai Sharde Maa
<b>NOVEMBER</b>	Vaccation
<b>DECEMBER</b>	'Christmas Song'
	Prayer
<b>JANUARY</b>	Song : Khud jiye sabko jina (song)
<b>FEBRUARY</b>	Revision + Exam
<b>MARCH</b>	<b>FINAL EXAM</b>

# S. D. JAIN MODERN SCHOOL

**STANDARD - V**

**SYLLABUS : 2020-21**

**SUB : TAEKWONDO**

<b>MONTH</b>	<b>SYLLABUS</b>
<b>APRIL</b>	Basic Taekwondo exercises
<b>MAY</b>	Summer Vacation
<b>JUNE</b>	Front Rising kick
<b>JULY</b>	Sit ups and push ups
<b>AUGUST</b>	Plank
<b>SEPTEMBER</b>	Basic chambering of inside to outside kick
	<b>TERM - I EXAM</b>
<b>OCTOBER</b>	Poomsae
<b>NOVEMBER</b>	Fighting Technique (basic)
<b>DECEMBER</b>	Fighting Technique (Basic)
	<b>TERM - II EXAM</b>
<b>JANUARY</b>	Belt Exam
<b>FEBRUARY</b>	<b>FINAL EXAM</b>
<b>MARCH</b>	

# S. D. JAIN MODERN SCHOOL

**STANDARD - V**

**SYLLABUS : 2020-21**

**SUB : AEROBICS**

<b>MONTH</b>	<b>SYLLABUS</b>
<b>APRIL</b>	Low impact Step No. 1 to 15
<b>MAY</b>	Summer Vacation
<b>JUNE</b>	Low impact step No. 1 to 20
<b>JULY</b>	Low Impact Steps 1 to 30
<b>AUGUST</b>	All Revision and Tournament Practice
<b>SEPTEMBER</b>	<b>TERM - I EXAM</b>
<b>OCTOBER</b>	Jumping Exercise 1 to 10
<b>NOVEMBER</b>	High Impact Steps 1 to 10
<b>DECEMBER</b>	All Revision and Sitting Exercise 1 to 10
<b>JANUARY</b>	All Revision
<b>FEBRUARY</b>	All Revision, Exam

